

School of Nursing & Health Studies (N&HS) 護理及健康學院



WELCOME

On behalf of the *School of Nursing and Health Studies*, Hong Kong Metropolitan University (HKMU), let us express our gratitude to you for kindly participating as an Honorary Clinical Tutor (HCT) and Clinical Assessor (CA) in the nursing programmes of the HKMU.

Aims

- To update the HKMU Nursing Programmes and the clinical practicum arrangement
- To share the role and responsibilities of HCTs and mentoring skills

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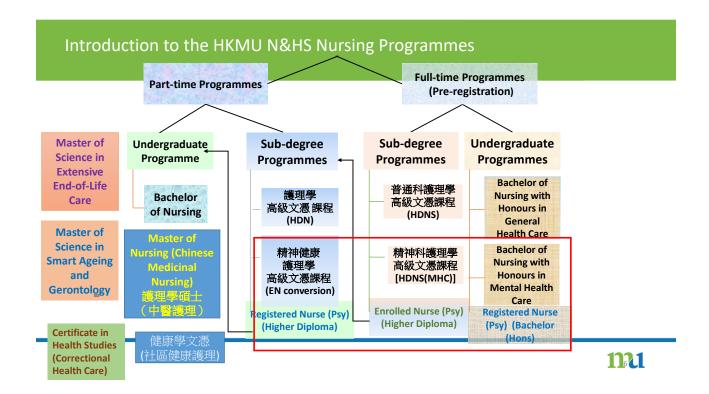
Learning Outcomes:

Upon completion of the course, participants will be able to:

- outline the content of the HKMU nursing programmes;
- describe the roles of Honorary Clinical Tutor (HCT) and Clinical Assessor (CA) of HKMU;
- discuss the essential concepts on clinical mentoring and assessments;
- · conduct clinical teaching and supervision in clinical settings;
- · conduct the clinical assessments;
- conduct the post-assessment discussion sessions.

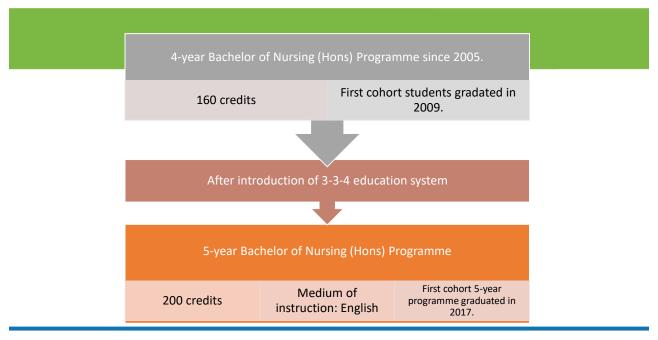












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Bachelor of Nursing with Honours in Mental Health Care RN(Psy)

- 5-year programme
- Medium of Instruction: English
- 2012-2020 cohorts
- 2021 cohort onwards



Bachelor of Nursing with Honours in Mental HealthCare (BNHMN) (2012 - 2020 Cohorts)

Autumn Term (Sept to Jan)	Spring Term (Jan to May)	Summer Term (May to Aug)				
Year 1						
Human Anatomy and Physiology						
Fundamental Nursing Practice	Clinical Practicum (Mental Health Care) I					
Sociology for Nurses: Principles and Application	Psychology for Nurses: Principles and Application	(3 weeks)				
Effective Use of English I		CPH: IDACE, CIDP, MAC (E103)				
Year 2						
Health Assessment		Nursing Therapeutics (Mental Health Care) I				
Behavioural and Social Sciences for Nurses	Clinical Practicum	Nuising Therapeutics (Mental Health Care) I				
Deliavioural and Social Sciences for Nurses	(Mental Health Care) II	Health Promotion				
English for Effective Communication II: Reading and Writing	(4 weeks) Psychogeriatric ward	General Education I (Foundation level)				
Nursing Therapeutics (Mental Health Care) I		General Education II (Foundation level)				

5-year Bachelor of Nursing (Hons) Programme since 2012.

Bachelor of Nursing with Honours in Mental HealthCare (BNHMN) (2012 - 2020 Cohorts)

Autumn Term (Sept to Jan)	Spring Term (Jan to May)	Summer Term (May to Aug)				
Year 3						
Nursing Therapeutics (Mental Health Care) II Specialty Nursing (Mental Health Care) Chinese and Alternative Medicinal Nursing Health Promotion	Clinical Practicum (Mental Health Care) III	Nursing Therapeutics (Mental Health Care) II Specialty Nursing (Mental Health Care)				
General Education III (Middle level)		General Education IV (Middle level)				
Year 4						
Clinical Practicum	Deiroca III alth Gara	Nursing Therapeutics (Mental Health Care) III				
(Mental Health Care) IV	Primary Health Care	Nursing Management				
	Nursing Research	General Education IV (middle level)				
	Year 5	-				
Nursing Project						
Integrated Nursing (Mental Health Care)						
Clinical Practicum (Mental Health Care) V						

Clinical Placement (2012 – 2020 Cohorts)

	Clinical Settings		Weeks
1.	Long-stay/ Subacute (CC	CA)	3
2.	Acute (CCA)		8
3.	Rehabilitation (CCA)		8
4.	CPNS+ Outreaching		8
5.	Psychogeriatric		4
6.	Child & Adolescent		2
7.	Learning Disabilities		2
8.	OPD/Social Centre		2
9.	Substance Abuse		2
10	Medical + Surgical		4
		Total	43 weeks

Remarks: 40 hours per week

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Bachelor of Nursing with Honours in Mental Health Care (BNHMN) (2021 Cohorts onwards)

Autumn Term (Sept – Jan)	Spring Term (Jan – May)	Summer Term (May – Aug)
Fundamental of Anatomy and PhysioloFundamental Nursing Practice	gy	Clinical Practicum
Effective Use of English IFundamental of Microbiology and Pharmacology	 Nursing Therapeutics in Mental Health Nursing I Applied Psychology in Nursing 	(Mental Health Care) I
	Year 2	
 Nursing Therapeutics in Mental Health Nursing II Specialty Nursing (Mental Health Care) I Health Assessment Health Promotion and Education 	Clinical Practicum (Mental Health Care) II	 Nursing Therapeutics in Mental Health Nursing II Specialty Nursing (Mental Health Care) I Sociology of Health in Nursing English for Effective Communication II: Reading & Writing

Bachelor of Nursing with Honours in Mental Health Care (BNHMN) (2021 Cohorts onwards)

Autumn Term (Sept – Jan)	Spring Term (Jan – May)	Summer Term (May – Aug)
Nursing Therapeutics in Mental Health	Nursing III	
 Specialty Nursing (Mental Health Care) II Nursing Management General Education I 	 Chinese and Alternative Medicinal Nursing General Education II General Education III 	Clinical Practicum (Mental Health Care) III
	Year 4	
Clinical Practicum	Professional Nursing PracticeNursing Research I	
(Mental Health Care) IV	 Nursing Therapeutics in Mental Nursing IV 	General Education IV
	Year 5	
Clinical P (Mental He		
 Nursing Research II Interprofessional Learning in Care Delivery (General Health Care) 		Completion of BNM Programme

Bachelor of Nursing with Honours in Mental Health Care (BNM): Practicum Arrangements (2021 Cohorts Onwards)

	Clinical Settings		Weeks
1.	Long-stay/ Subacute (CC	A)	3
2.	Acute (CCA)		8
3.	Rehabilitation (CCA)		8
4.	CPNS+ Outreaching		8
5.	Psychogeriatric		4
6.	Child & Adolescent		2
7.	Learning Disabilities		2
8.	OPD/Social Centre		2
9.	Substance Abuse		2
10	Medical + Surgical		4
		Total	41 weeks

Remarks: 40 hours per week

Higher Diploma in Nursing Studies (Mental Health Care) [HDNS(MHC)] 精神科護理學高級文憑 [EN(Psy)]

- 2年課程
- 教學語言:中文



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精神科護理學高級文憑 [HDNS(MHC)]:課程結構

秋季學期	春季學期	夏季學期
學科物生類人論概務實理護 (一)		護理實習 [精神科]
床臨護理學 [精神科] (一)	床臨護理學 [精神科] (二)	(—)
	二年級	
 床臨護理學 [精神科] (三) 訊傳及言語健保 論概務實理護 (二) 育教健保合綜 進促康健 	護理實習 [精神科] (二)	護理實習 [精神科] (三)

精神科護理學高級文憑 [HDNS(MHC)]: 臨床實習範圍及實習時數

	Clinical Settings	Weeks
1.	Long-stay/ Rehabilitation (CCA)	8
2.	Acute (CCA)	8
3.	CPNS+ Outreaching (CCA)	6
4.	Psychogeriatric	3
5.	Child & Adolescent	2
6.	Learning Disabilities	2
7.	Substance Abuse	2
8.	Medical + Surgical	3
	Tota	I 34 weeks

Remarks: 40 hours per week



Higher Diploma in Mental Health Nursing (HDMHN) 精神健康護理學高級文憑課程

- 登記護士(精神科)綜合轉換課程(兼讀課程)
- 3年課程
- 教學語言:中文



		第一年		大 小工.	第二年			第三年	Ē
	秋季	春季	夏季	秋季	春季	夏季	秋季	春季	夏季
基礎科目									
Life Sciences 生命科學									
Nursing therapeutics in Psychiatric I 治療性精神護理學 (一)									
中級科目									
Mental Health 精神健康									
Behavioural Sciences for Nurses 行為科學[護士科目]									
Nursing therapeutics in Psychiatric II 治療性精神護理學 (二)									
Health Promotion 健康促進									
Practicum (Mental Health) 臨床實習(精神科)									
高級科目									
Professional Perspectives in Nursing 護理 專業透視									

精神健康護理學高級文憑課程:臨床實習

	Clinical Settings		Weeks
1.	Rehabilitation (CCA)		7
2.	Acute (CCA)		7
3.	CPNS+ Outreaching (CCA)		7
4.	Psychogeriatric		3
5.	Child & Adolescent		2
6.	Learning Disabilities		2
7.	Substance Abuse		1
8.	Medical + Surgical		3
		Total	32 weeks

Remarks: 44 hours per week

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護理學高級文憑課程:臨床實習

- HKMU 全職學生身份
- 於修畢50學分後進行
- 實習時間由大學統籌安排
 - 包括6-8次夜間護理的臨床實習
- 持續臨床評核

精神健康護理學高級文憑課程

現職登記護士 (精神科)

精神健康護理學高級文憑 (登記護士綜合轉換課程)

註冊護士(精神科)

護理學學士

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Roles & responsibilities of HCT & CA

Practicum-related documents and administrative issues

School of Nursing & Health Studies 護理及健康學院 2022

Application as Honorary Clinical Tutor (HCT) & Clinical Assessor (CA)

- Eligibility to apply:
 - At least 3 years post-registration clinical experience
 - Undertaken assessor training course offered by HKMU or PolyU
- Submit the application form Via CND / NSD of the respective hospitals
- Apply once

				Dr. Mr. Mrs. Ms./Miss
(En	lish)		(Chinese)	property and
Ward/Unit:		Ho	spital:	
Office Address:				
Office Telephone n	umber:			
Registration No. as Registered Nurse			Date of Registrat as Registered Nu (DD/MM/YYYY	irse
Academic Qualifications				
Institution & Year)				
Qualifications, Education and/or Experiences in Tinical Assessment				
rofessional Qualifications				
Institution & Year)				
resent post, name of Organization				
Please indicate the mgth of service)				
Any other relevant nformation				

As HCT & CA, you will receive (via CND/NSD):

Application as a Honorary Clinical tutor (名譽臨床導師)

Continuing Clinical Assessment Assessor (持續臨床評核委員)

Life-long appointment

Your log-in password for **HKMU Electronic School Bag**



Dear XXXXX

Honorary Clinical Tutor (HCT) and Clinical Assessor (CA)

On behalf of the School, I have much pleasure to appoint you as HCT and CA of the School of Nursing and Health Studies ("the School") of Hong Kong Metropolitan University ("HKMU"). This is an important position that contributes to the clinical learning and assessment of our maring students. The appointment will be on an honorary basis and does not carry with it any terms of service benefits.

With this appointment, you will assume the role of a mentor and an assessor to facilitate the clinical learning and assess the clinical competence of mursing students of HKMU. In this connection, you are expected to
Coach and supervise students during their clinical placement;

- Assist in exposing students to the required clinical learning objectives; Evaluate and verify students' clinical experiences; Conduct clinical assessment of students during the their clinical placement
 - Aseptic Technique
 Administration of Medications
 - 3. Professional Nursing Competencies

Information related to Practicums of all nursing programmes can be accessed from the

Listed below is the password which allowed you to access the electronic records of our nursing

Your Password is: XXXXXXX

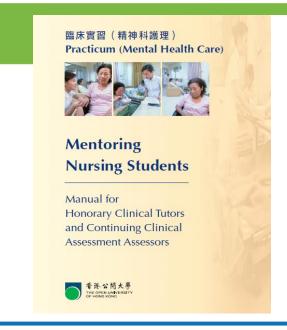
May I take this opportunity to thank you for your support to the School

Yours sincerely

Prof. Janet Wong Dean and Professor School of Nursing and Health Studies Hong Kong Metropolitan University







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Roles of HCT & CA

Roles:

- Coach
- Role model
- Advisor
- Resource facilitator
- Counsellor
- Assessor
- Gate keeper

Responsibilities:

Conduct clinical teaching

Provide clinical supervision

Perform clinical assessment







Student Practicum Handbook

Guidelines and Instructions to Students for Clinical Placement



Bachelor of Nursing with Honours in

General/Mental Health Care

&

Higher Diploma in Nursing Studies (General Health Care/ Mental Health Care)

Guidelines and Instructions

to Students for Clinical Placement

Guidelines and Instructions to Students for Clinical Placement

A Reference for Clinical Institutions



Bachelor of Nursing with Honours in General Health Care/ Mental Health Care

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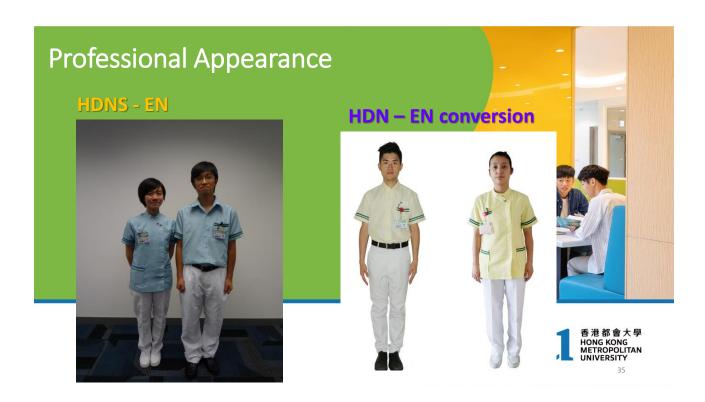
Higher Diploma in Nursing Studies (General Health Care/ Mental Health Care)

Guidelines and Instructions

to Students for Clinical Placement

A Reference for Clinical Institutions











Punctuality

Late for one shift / absent from duty

A warning letter

Again

FAIL grade

港都會大學 ING KONG ETROPOLITAN IIVERSITY

HONG KONG METROPOLITAN UNIVERSITY

Late for duty / Absent from duty

- · Contact method with student
- Report of "Late for duty" / "Absent from duty" Form
- Complete & fax to N&HS:
 2406 2375

	香港會多大學 接四及資庫學院 Hong Kong Metropolitan University School of Nursing and Health Studies	
	Report of "Late for Duty"/ "Absent from duty"	
Student Na	me: Student No.:	
Programm:	Full-time:	
	Bachelor of Nursing with Honours in $\ \square$ General Health Care $\ \square$ Mental Health Care	-
	Higher Diploma in Nursing Studies $\ \square$ General Health Care $\ \square$ Mental Health Care	
	Distance Learning:	201
	Higher Diploma in Nursing Mental Health Nursing	1000
Practicum:	☐ I ☐ II ☐ III ☐ IV ☐ V (For Full-time Programmge Students Only)	
Course Cod	le: NURS N	
Hospital:	Ward/Unit: Specialty:	
	*Late for Duty" / "Absent from duty": r Duty: Date:Duration:Minutes	
☐ Absent	from Duty: Date:	
Name and I	Rank of Clinical Staff:	
Signature:		



If student feels unwell

- If sick leave is granted:
 - Get a "Sick Leave Certificate" from the doctor (mandatory)
 - Inform ward-in-charge at once (days of sick leave)
 - Hand in a copy of the following to ward IC when resume duty:
 - "Sick Leave Certificate"
 - completed "Notification of SICK/CASUAL Leave from clinical placement Form"
 - Record the sick leave within 24 hours in the Electronic Clinical Practicum Records

	ne: Student No.:
Programme:	Eult-lim: Backelor of Nursing with Honours in General Health Care Mental Health Care Higher Diploma in Nursing Studies General Health Care Mental Health Care Distance. Learning: Higher Diploma in Nursing Mental Health Nursing
Practicum:	☐ I ☐ II ☐ III ☐ IV ☐ V (For Full-time Programme Students Only)
Course Code	: NURS N
Hospital:	Ward/Unit: Specialty:
Medical cert	ificate /Casual leave application approving email enclosed: Yes No
220 70	
Signature : _	

* Higher Diploma in Nursing /Mental Health Nursing (An Integrated Conversion Programme for Enrolled Nurse) students who are sponsored by their employers (e.g. Hospital Authority/ private hospitals) for the programmes:

 Please submit this form and the copy of medical certificate/justification of leave approval to the Cou Coordinator by 5pm of the first Friday after the clinical placement.
 Please also follow the procedures of the employers for sick leave/casual leave application. 售都會大學 NG KONG TROPOLITAN VERSITY

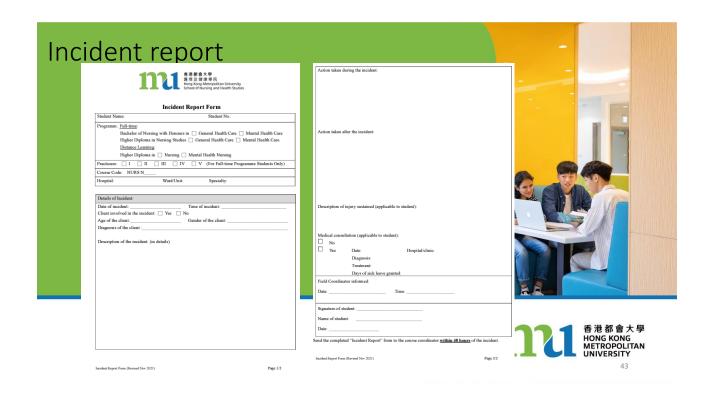
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Casual leave

- Student should contact Field Coordinator (email / Tel: 6476 7187) for application of causal leave in advance.
- If leave application is approved:
 - Inform the ward-in-charge for the date/days of casual leave
 - hand in a copy of the following to the ward-in-charge when resuming duty:
 - "approving email for leave from the University"
 - completed "Notification of SICK/CASUAL Leave from clinical placement Form"

**Max. 2 days leave in each Practicum







				-	
Clinical Placen	nent Appraisal	Form		-	
Student Name:	Stude	nt No.:		_ 189	
Programm: Full-time:					-
Bachelor of Nursing with Honou					
Higher Diploma in Nursing Stud	lies 🗌 General Heal	th Care Men	tal Health Care	7	1
Distance Learning:					100
Higher Diploma in Nursing					
Practicum: I II III IV	☐ V (For Full-time P	Programme Students C	mly)		
Course Code: NURS N					
Hospital: Ward/Uni	it: Speci	ialty:			
					-
	Competent N	iot N/A	Remarks		
lease contact Field Coordinator at 6476 7187 w Section A: Professional Competency 1. Assessment	Competent N		Remarks		
Section A: Professional Competency 1. Assessment 1.1 Identifies potential and actual health	Competent N	iot N/A	Remarks		
I. Assessment 1.1 Identifies potential and actual health problems by differentiating normal and	Competent N Comp	iot N/A	Remarks		
I. Assessment I. Identifies potential and actual health problems by differentiating normal and abnormal behaviour of patients and their	Competent N Comp	iot N/A	Remarks		
I. Assessment 1.1 Identifies potential and actual health problems by differentiating normal and	Competent N Comp	iot N/A	Remarks		
Section A: Professional Competency 1. Assessment 1.1 Identifies potential and actual health problems by differentiating normal and abnormal behaviour of patients and their	Competent N Comp	iot N/A	Remarks		
A: Professional Competency ment entifies potential and actual health oblems by differentiating normal and normal behaviour of patients and their milies. entifies presence of patient risk	Competent N Comp	iot N/A	Remarks	香港	



S. Professional Behaviours 5.1 Seeks advice or guidance appropriately. 5.2 Demonstrate self-discipline Professional appearance Personal integrity Confidentiality 5.3 Respect the rights and dignity of clients and their significant others. 5.4 Communicate and cooperate well with: Clients and relatives Multi-disciplinary teams Overall remarks and comments:	S.1 Seeks advice or guidance appropriately. Demonstrate self-discipline Punctuality Professional appearance Personal integrity Confidentiality S.3 Respect the rights and dignity of clients and their significant others. Communicate and cooperate well with: Clients and relatives Multi-disciplinary teams	5.1 Seeks advice or guidance appropriately. 5.2 Demonstrate self-discipline • Punctuality • Professional appearance • Personal integrity • Confidentiality 5.3 Respect the rights and dignity of clients and their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	S.1 Secks advice or guidance appropriately. S.2 Demonstrate self-discipline Punctuality Professional appearance Personal integrity Confidentiality S.3 Respect the rights and dignity of clients and their significant others. S.4 Communicate and cooperate well with: Clients and relatives Multi-disciplinary teams	S.1 Secks advice or guidance appropriately. S.2 Demonstrate self-discipline Punctuality Professional appearance Personal integrity Confidentiality S.3 Respect the rights and dignity of clients and their significant others. S.4 Communicate and cooperate well with: Clients and relatives Multi-disciplinary teams	S.1 Secks advice or guidance appropriately. S.2 Demonstrate self-discipline	5.1 Seeks advice or guidance appropriately. 5.2 Demonstrate self-discipline • Panctuality • Professional appearance • Personal integrity • Confidentiality 5.3 Respect the rights and dignity of clients and their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	Section	tion B	: Persona	d Attrib	utes		Satisfactory	Not Satisfactory	1
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their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	their significant others. 5.4 Communicate and cooperate well with: Clients and relatives Multi-disciplinary teams	their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	their significant others. 5.4 Communicate and cooperate well with: • Clients and relatives • Multi-disciplinary teams	their significant others. 5.4 Communicate and cooperate well with: Clients and relatives Multi-disciplinary teams	5.2	:	Punctual Profession Personal	lity onal appo l integrity	earance				
Clients and relatives Multi-disciplinary teams	Clients and relatives Multi-disciplinary teams	Clients and relatives Multi-disciplinary teams	Clients and relatives Multi-disciplinary teams	Clients and relatives Multi-disciplinary teams	Clients and relatives Multi-disciplinary teams	Clients and relatives Multi-disciplinary teams	5.3					f clients and			[
Overall remarks and comments:	Overall remarks and comments:	Overall remarks and comments:	Overall remarks and comments:	Overall remarks and comments:	verall remarks and comments:	Overall remarks and comments:	5.4					ell with:			[
							Overa	•	Multi-di:	sciplinar	y teams				
							Overa	•	Multi-di:	sciplinar	y teams				

Name of appraiser:



香港都會大學 HONG KONG METROPOLITAN UNIVERSITY

Adverse weather arrangement

06:00 and afterwards

颱風訊號,暴雨警告或極端情況下護士學生臨床實習的安排

Arrangements of Clinical Placement during Rainstorms, Tropical Cyclone or Extreme Condition

1. 當懸掛一號或三號颱風訊號 / 黃色或紅色暴兩警告時:學生須依時返回實習單位,進行臨床實

When Topical Cyclone Warning Signal No.1 or No.3/Amber or Red Rainstorm Warning Signal/Extreme Condition is issued: students should report for duty or remain at work as usual. All clinical placement will proceed as scheduled unless an announcement to the contrary has been made by the University / Department.

2. 當懸掛八號或更高颱風訊號 / 黑色暴雨警告 / 極端情況時,臨牀實習的安排如下: When Tropical Cyclone Warning Signal No. 8 or above/ Black Rainstorm / Extreme Condition is issued,

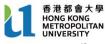
	the arrangements of clinical placem	ent are as below:			
		八號或以上颱風訊 號 Tropical Cyclone No.8 or above	黑色暴雨警告 Black Rainstorm Warning	極端情況 Extreme Condition	
a)	當颱風訊號/暴雨警告/極端情況 在 04:00 或 04:00 以後仍然懸掛 When the signal/ warning/ extreme condition is issued from 04:00 and afterwards	所有早班(A duty)實習將會取消。 Clinical placements of all AM duties are to be cancelled.			
b)	當颱風訊號/暴雨警告/極端情在 06:00 或 06:00 後仍然懸掛 When the signal/warning/ extreme condition is issued from	所有日班 (D duty) 實 Clinical placements of	習將會取消。 all Day duties are to be	cancelled.	





	00100 4114 41141 114140			
c)	當颱風訊號/暴雨警告/極端情況 在 11:00 或 11:00 後仍然懸掛 When the signal/ warning/ extreme condition is issued from 11:00 and afterwards	所有午班 (P duty) ¶ Clinical placements of	實習將會取消。 of all PM duties are to be ca	ancelled.
d)	電腦風訊號樂雨警告/極端情况 在 18:00 或 18:00 後仍然懸掛 When the signal/ warning/ extreme condition is issued from 18:00 and afterwards	所有夜班 (N duty) f Clinical placements of	實習將會取消。 of all Night duties are to be	cancelled.
e)	在實習時間內發出颱風訊號/暴 兩警告 If the signal/ warning is issued during the clinical placement hours.	所有臨床實習須 即時停止,學生應 盡快離開實習單位。 All clinical placements are to be suspended and students are to be dismissed from clinical venue immediately.	戶外活動,並安排學生 到安全和避風的地方, 直至環境安全方可讓	不適用 Not applicable
3.	如訊號/警告在實習時間內除下, No resumption of clinical placement practicum.			ne shift of clinical















Resource Person

NTWC

- Dr. Wong Ka Fai
- Dr. Liu Tai Wa
- Ms. Jolene Mui
- Ms. Li Wai Yin

KWC

Ms. Judy Leung

NTEC

Dr. Wendy Wong Mr. Victor Lau

KCC Mr. Kwan Siu Yuk

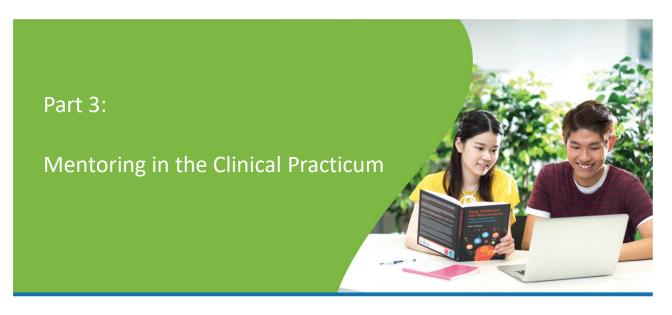
HKWC Mr. Kelvin Wu

HKEC, KEC Ms. Irene Law

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Prepared by Date



Learning Outcomes:

At the end of this part, participants should be able to:

- Understand the root meaning of mentoring;
- Describe the essential elements in mentoring;
- Understand the role of mentoring in nursing;
- Discuss the factors affecting effective mentoring;
- Appreciate the qualities and characters needed for being a mentor in HKMU's nursing programmes.



Introduction

- New model of education
- Supernumerary status in clinical practicum
- More emphasis being placed on theory and practice education instead of clinical practices of a work nature. (Kilcullen, 2007; Myall et al., 2009; Nursing and Midwifery Council, 2010; Rich & Nugent, 2010; Shepherd, 2014).
- Mentor is considered to play a paramount role in empowering nursing students to receive superlative benefit from clinical placement

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Mentoring is Important

- · Knowledge and skills transfer.
- Professional socialization and personal support → facilitate growth.
- Facilitate growth
 - Mentee: Facilitate articulation → greater productivity.
 - Mentor: enhancement of personal & professional knowledge; gain a new talented colleague.



Mentoring is Important

Mentoring/

Teaching

A partnership in which both share in personal growth process and personal growth development of one another.

Also Learning

(Dorsey & Baker, 2004)





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What is Mentoring?

- · Has its root in ancient Greek.
- Surrogate father to a friend's son.
- For learning skills, culture & values.
- In preparation for manhood.



Mentoring is...

A nurturing process in which a more skilled or experienced person, serving as a role model, teaches, encourages, counsels, and befriends a less skilled person for the purpose of promoting the latter's professional and personal development.

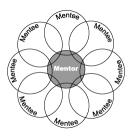
(Kaihlanen et al, 2013; Dorsey & Baker, 2004)

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Mentors in Nursing

Mentor:

- → qualified and experienced nurses
- → by example & facilitation guide
- → assist and support students in
 - · learning new skills
 - adopting new behaviours
 - acquiring new attitudes



(English National Board, 1988)

Who could be a Mentor?

Mentor:

- Wise and trusted advisor, counselor, teacher.
- Has something to offer.
- Meeting the *needs* of the entrusted (mentee).
- Contributing to the achieving of *mutually* agreed outcomes.



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Roles and Responsibilities of Mentors

Roles	Responsibilities
1. Coach	Guide, assist and support the student in a new learning environment.
2. Tutor	Share knowledge via experiences and inquiries; Facilitate learning opportunities basing on individual needs.
3. Networker	Socialize the student into the values and customs of the nursing profession.
4. Counselor	Facilitate the student's self-development and give psychological support.
5. Resource Facilitator	Show / provide access to resources.
6. Role Model	Provide an observable image for imitation.
7. Advisor	Build the student's confidence through constructive feedbacks.
8. Sponsor	Make recommendations for advancement if needed.





Characteristics of Students in New Generation

Special

Sheltered

Team oriented

Confident

Pressured

Achieving

(Monaco & Martin, 2007)

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5R Approach to a New Generation



RELEVANCE



RATIONALE



RELAXED



RAPPORT



RESEARCH-BASED METHOD

(Price, 2010)

Key Responsibilities of Nursing Mentors

- Familiarize with university's programmes & mentee's stages of training / education.
- Identify & select a range of learning opportunities that are congruent with student's needs.
- Communicate with others who have a vested interest in a student's performance and record this accordingly.
- Analyze evidence from a variety of sources for making judgments about the competence of students and be accountable for such decisions.
- Record progress and untoward incidents or concerns about students' achievements and provide evidence as required of this.

 (Murray, Rosen & Staniland, 2014)

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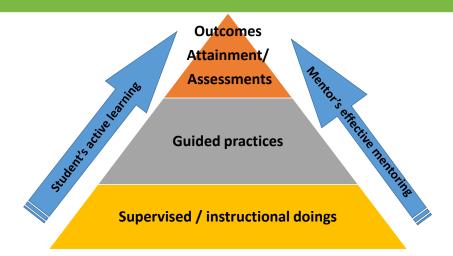
Mentoring Methods

- Observations
- Demonstrations
- Questioning
- Sharing
- Giving feedbacks

- Case Studies
- Debriefing
- Challenging
- Reflective moments
-



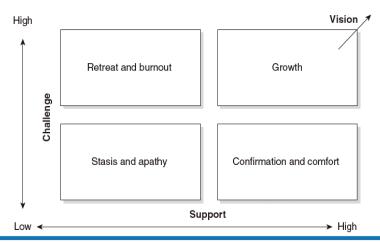
Process of Mentoring-Learning



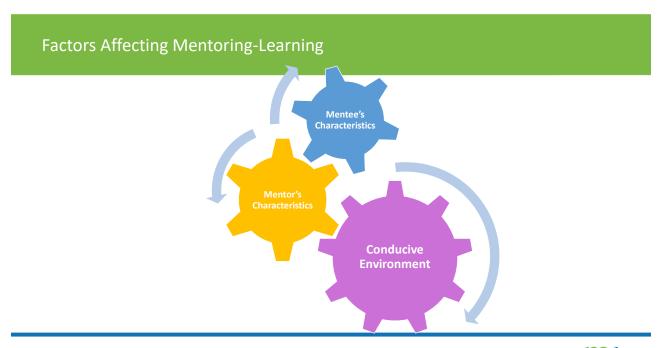
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Effective Mentoring

EFFECTIVE MENTORING



Source: http://www.sagepub.com/upm-data/39882_9780857024190.pdf



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Factors Affecting Mentoring-Learning

Mentee's	Mentor's	Conducive
Characteristics	Characteristics	Environment
 Pre-exiting knowledge and experience Motivation Memory Learning styles Emotions Mentality / Maturity 	 Attitude/beliefs towards mentoring Mentoring experiences Personalities Teaching style Teaching strategies 	 Resourceful Supportive/conducive atmosphere Ward cultures Clients' mix Opportunities



Benefits of Mentoring

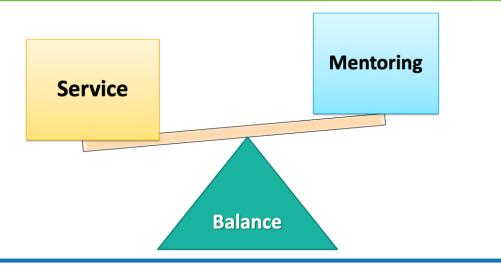
Mentees	Mentors
Holistic development	• Exert influences on profession
• Drilling on decision making	• Appreciate responsibilities of teaching
Gaining independence	Collegial mind & work
	 Keep abreast of practices

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Challenges of Mentoring

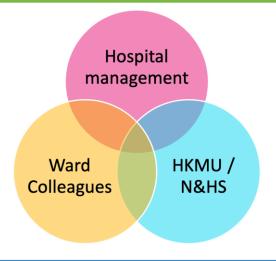
	Mentees	Mentors
•	Communications	• Dual roles: workforce + teacher
•	Physical endurance	• Coaching inert / aggressive students
•	Knowing own strengths & weaknesses	Communicating feedbacks & progress
		Actualizing assessment standards

Conflicts or Frustration in Mentoring



1171

Supports



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Clinical Assessment

Clinical assessor

"should monitor the student's performance and make himself/ herself available to the student during his/ her period of supervision"

(The Nursing Council of Hong Kong, 2015)

Assessment: what is it...

Measuring/Judging:

Clinical Performance

Application & Integration

- Knowledge
- Skills / Abilities
- Attitude

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Assessment: what is it...

- Standard of Care
- Level of Competence
- Teaching Learning
 - √ Strengths & Weaknesses
 - ✓ Consolidate Learning
 - ✓ Development

Effective Assessment

Fairness

• Equal opportunity; unbiased

Validity

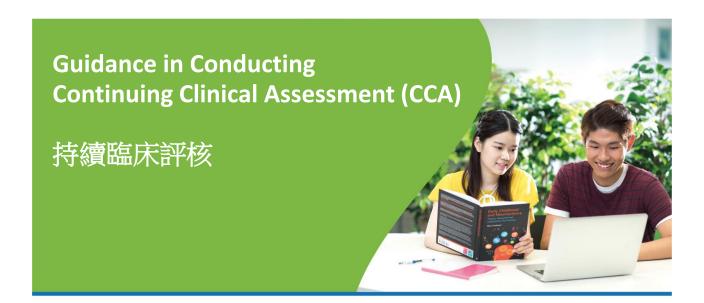
• Measure what it is supposed to measure

Reliability

 Assessment tool: consistent result for each student

Practicality

 Assessment: easy, unexpansive to use; practical in time and resources





Continuing Clinical Assessment

Objectives:

- · To teach and demonstrate clinical skill to student;
- To provide opportunities for student to practice the learnt skills;
- To identify student's strengths and weaknesses in learning and clinical practices;
- · To coach and give feedback to student; and
- · Evaluate student's level of competence

(The Nursing Council of Hong Kong, 2015)



Continuing Clinical Assessment (CCA)

- Assess the clinical competency of the students
- An on-going process of clinical assessment of the students over a period of time during their clinical placement
 - one-off assessment > continuous assessment
- Include 5 components: Teaching, Demonstration, Practice, Feedback, Evaluation
- CCA allows more flexibility in conducting clinical assessment in clinical setting &
 we have revised the iPad system to suit the requirement of NCHK

Strength of CCA

Overall

- More fair & accurate assessment
- No luck
- Motivate students to be active in practicing clinical nursing skills
- Raise standard of care to patient

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Strength of CCA

To Candidate

- Fairness
- No personal bias
- · Identify feedback to improve learning objectives in ward

Strength of CCA

To Clinical Service

- Smooth running ward routine
- Enhance therapeutic environment
- Keep clinical practice & setting up to standard
- Provide feedback
- Provide opportunity / environment to learn

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Continuing Clinical Assessment (CCA)

Assessment areas:

- Psychiatric acute nursing
- Rehabilitation / Long-stay
- CPNS / Out-reach Services
- * Students are expected to demonstrate satisfactory clinical competency*

BN (Hons) (MHC) – Practicum Handbook



Psychiatric acute nursing

Upon completion of this clinical placement, the students should be able to

A. Providing a therapeutic milieu:

- · Carry out ward routine
 - Daily, weekly and monthly routine
- · Provide a safe environment
- Lighting, temperature and ventilation
- Fire prevention and fire drill
- Emergency and first-aid dr
- Ward security and safety
- Correct use of equipment and effective use of resources
- Use and storage of potentially dangerous articles
- Use communication skills to communicate with clients, relatives and healthcare team members
- Verbal communication
- Written communication

B. Assessing, planning, implementing and evaluating nursing interventions for clients during acute phase of mental illness:

- · Demonstrate therapeutic attitude
 - Accept client non-judgmentally
 - Show respect, patience and empath
 - Instill a positive attitude to clients and relatives
- Conduct bio-psycho-social assessment of clients
 - Conduct assessment of clients who suffer from

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(Rate all items <u>and</u> Put a "✓"in the box) Assessment Items Clinical Competency Achieved # Not achieved # Providing a therapeutic milieu: Carry out ward routine Provide a safe and therapeutic ward environm Use communication skills to communicate with clients. B. Assessing, planning, implementing and evaluating nursing interventions for clients during acute phase of Demonstrate therapeutic attitude Conduct bio-psycho-social assessment of clients Plan and implement nursing interventions to meet bio-psycho-social needs of clients Evaluate outcomes of interventions Administer medications Perform aseptic technique procedures

No "NA"

Any one of the assessment items is rated "competency not achieved" = Fail

Guideline in Conducting CCA

3 Attempts of CCA For Each Nature of Clinical Placement

		BN (Hons) (Mental Health Care)			HD in Nursing Studies (Mental Health Care)			HD in Mental Health Nursing EN conversion		
Atter	mpt	1 st	2 nd	3 rd	1 st	2 nd	3 rd	1 st	2 nd	3 rd
Acu	ute	6 Weeks	1 Week	1 Week	6 Weeks	1 Week	1 Week	5 Weeks	1 Week	1 Week
Reha Long-		6 Weeks	1 Week	1 Week	6 Weeks	1 Week	1 Week	5 Weeks	1 Week	1 Week
CPN	NS	4 Weeks	1 Week	1 Week	4 Weeks	1 Week	1 Week	4 Weeks	1 Week	1 Week

In 1st Attempt, CCA Assessor Should:

- Orientate, coach and feedback to the student continuously
- Complete the assessment form in the last week of first attempt period and return the completed form to CND/NSD/DOM/coordinator within in the following week
- If a student fails in the first attempt, inform WM/SM, HKMU resource person/course coordinator and assigns another assessor to student (optional)

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In 2nd attempt, CCA assessor should:

- Coach and assess student knowledge and skills continuously
- Complete the assessment form on or before the last day of second assessment period and return the completed assessment form to CND/NSD/DOM/coordinator within the following week
- If the student fails in the second attempt, inform WM/SM/coordinator and HKMU course coordinator immediately

^{*}Assigns another assessor to student/change to another venue of the same nature if possible

In 3rd attempt, CCA assessor should:

- Coach and assess student knowledge and skills continuously
- Complete the assessment form on or before the last day of second assessment period and return the completed assessment form to CND/NSD/DOM/coordinator within the following week
- If the student fails in the second attempt, inform WM/SM/coordinator and HKMU course coordinator immediately

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Consequence of failing 3 attempts of CCA





Remember

Check all items in the CCA forms are completed.

Ask questions to assess the student's knowledge for items that he/she has not experienced during the assessment period.

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Where can I find the blank CCA forms?

Student will give you a blank form



Post assessment discussions / evaluation

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Post assessment discussions...

Assessor <-> Student

Assessor <-> University

Student <-> University

Post assessment discussions...

- Inform results of assessment
- Indicate strengths and weaknesses
- Give guidance for improvement
- Sum up the course of action to be taken

11321

Post assessment discussions...

- How to conduct?
 - Via fact-to-face interview
 - In appropriate environment
 - Allow adequate time
 - Establish trust
 - Open communication

Post Assessment Discussion

Post-assessment Discussion is Interactive

Clinical Assessor	Candidate
Give feedback	Make clarifications
Ensure acceptance of the results	Obtain guidance
Facilitate development	Gain the mutual understanding

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Clinical assessment

Last But Not Least ... Readiness

- Are You Ready?
- Is the Assesse Ready?
- Is the Patient Ready?
- Is the Ward Ready?

Part 5:

臨床實習評估系統 iPad mini

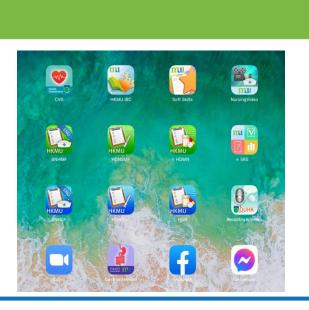
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Honorary Clinical Tutor

Record of clinical practicum

- Psychogeriatric
- Child & adolescent
- Learning disabilities
- Substance abuse
- Psy OPD / social centre
- Medical & surgical
- Long-stay/subacute (for BN only)







學習指南

評核紀錄

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課程種類

HKMU BNHGF	BNHGF	全日制護理學榮譽學士學位(普通科)
HKMU BNHMF	BNHMF	全日制護理學榮譽學士學位(精神科)
HKMU	HDNSGF	全日制普通科護理學高級文憑
HKMU HDNSMF	HDNSMF	全日制精神科護理學高級文憑
HKMU	HDN	兼讀制護理學高級文憑
нкми	HDMN	兼讀制精神健康護理學高級文憑

導師需評估學生 每次實習的臨床表現

護理學錄像

導師登入

- 1. 評核紀錄 (Assessment)
 - 導師以密碼登入系統評分
- 2. 學習指南 (Study Guide)
- 3. 守則與支援 (Terms & Support)
- 4. 護理學錄像 (Nursing Video)

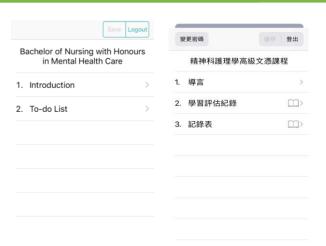


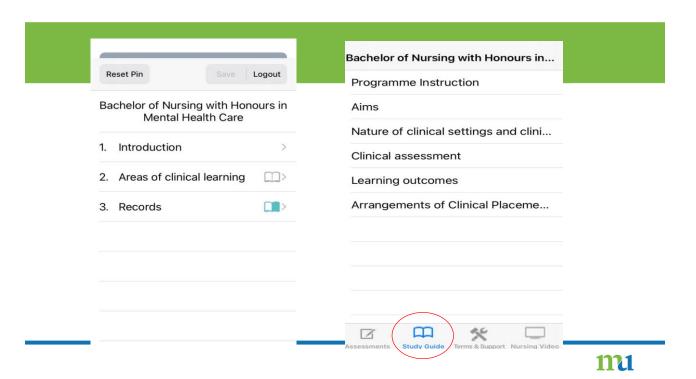
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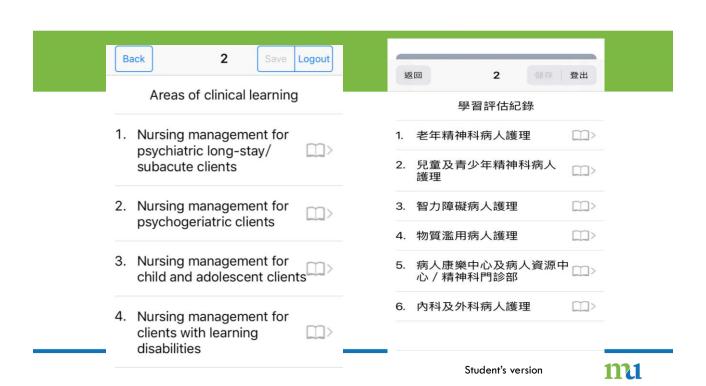
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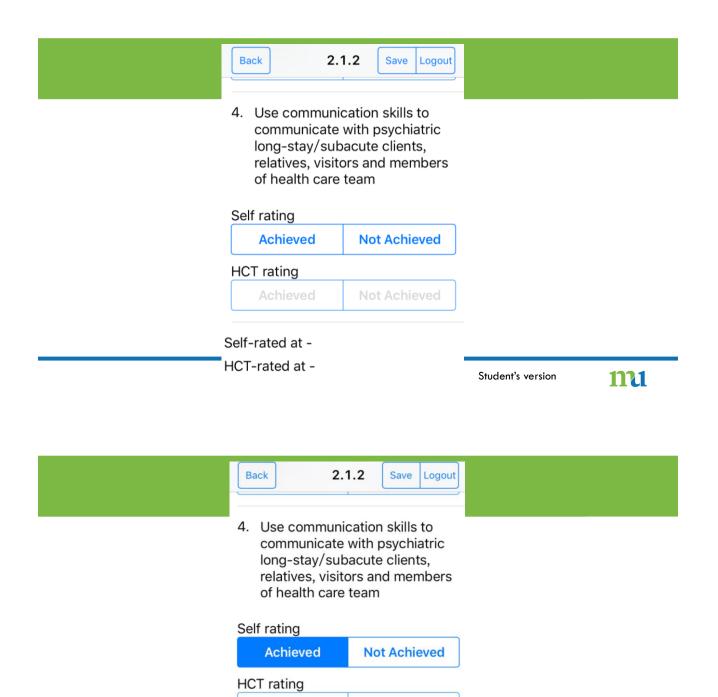
登入後

- 1. 導言 (Introduction)
- 2. 待辦事項 (To-do List)
 - = 同學已作自我評分的項目
- Professional Nursing Competency (BN only)





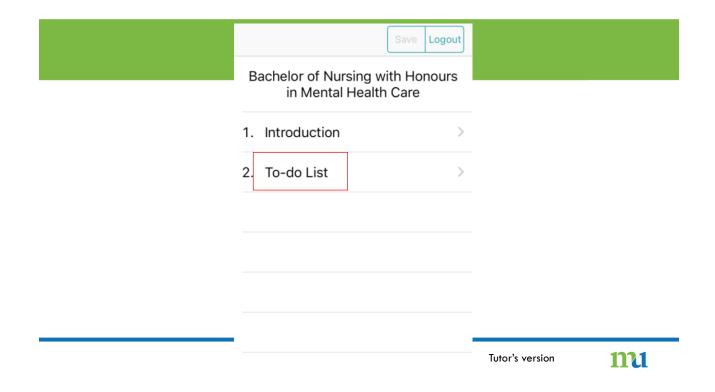


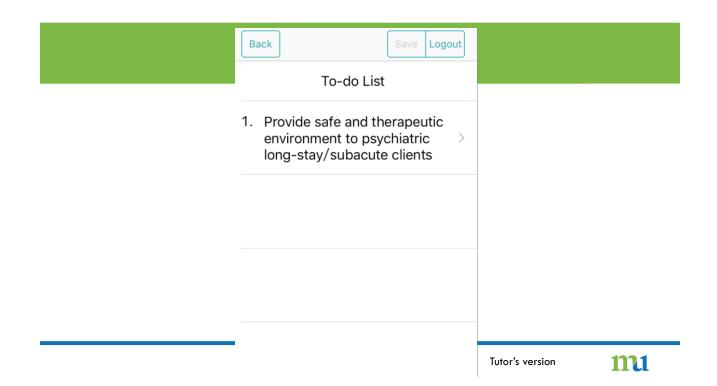


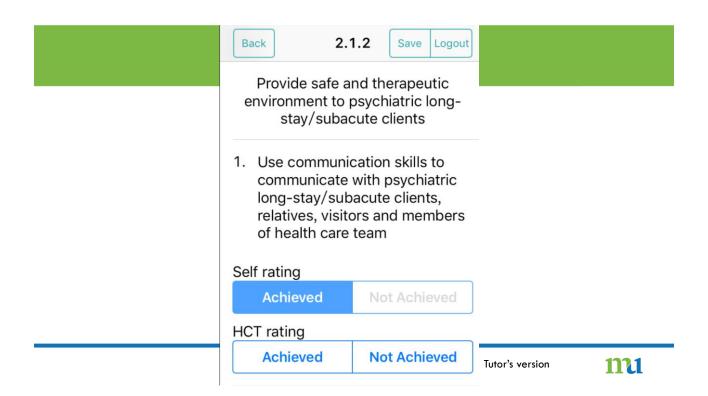
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HCT-rated at -

Student's version









Continuing Clinical Assessment (CCA)

iPad Mini



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導師評分





• 按「返回」,可繼續評估下一個待辦事項

- 「達成學習成果」項目消失
- 「未能達成學習成果」項目 將保留,留待學生改善後再 次評分

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護理學錄像

- 1. 評核紀錄 (Assessment)
- 2. 學習指南 (Study Guide)
- 3. 守則與支援 (Terms & Support)
- 4. 護理學錄像 (Nursing Video)





護理學錄像





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評估系統的注意事項

- 保持密碼機密
- 授予獨立評估權
- 參考使用手冊
- 如有疑問,請致電 Field Coordinator: 6476 7187
- •緊記.....登出

Continuing Clinical Assessment (CCA)

Unsatisfactory Performance

• Complete the Clinical Placement Appraisal Form and submit to HKMU

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After this training, you will have

- You have
 - An appointment letter from HKMU and PolyU
 - "Certification of attendance"
- Online application
 - "Application as a honorary clinical tutor / continuing clinical assessment assessor form "
 - "continuing nursing education activity evaluation sheet"

Thank you!