



## **Bachelor of Nursing with Honours in Mental Health Care**

### **Record of Continuing Clinical Assessment of Nursing Management of Psychiatric Acute Clients**

Name of student: \_\_\_\_\_ Student No.: \_\_\_\_\_

Hospital: \_\_\_\_\_ Ward/Unit: \_\_\_\_\_

Period of Clinical Placement: From: \_\_\_\_\_ To: \_\_\_\_\_

1<sup>st</sup> Attempt Period\*: \_\_\_\_\_ (Wk 1 – 6 of placement)

2<sup>nd</sup> Attempt Period\*: \_\_\_\_\_ (Wk 7 of placement if 1<sup>st</sup> attempt fails)

3<sup>rd</sup> Attempt Period\*: \_\_\_\_\_ (Wk 8 of placement if 2<sup>nd</sup> attempt fails)

\* Delete whichever is inapplicable

Course Code: \_\_\_\_\_ Course Coordinator: \_\_\_\_\_

**(Rate all items and Put a “✓”in the box )**

Assessment Items	Clinical Competency	
	Achieved #	Not achieved #
<b>A. Providing a therapeutic milieu:</b>		
• Carry out ward routine		
• Provide a safe and therapeutic ward environment		
• Use communication skills to communicate with clients, relatives and health care team members		
<b>B. Assessing, planning, implementing and evaluating nursing interventions for clients during acute phase of mental illness:</b>		
• Demonstrate therapeutic attitude		
• Conduct bio-psycho-social assessment of clients		
• Plan and implement nursing interventions to meet bio-psycho-social needs of clients		
• Evaluate outcomes of interventions		
• Administer medications		
• Perform aseptic technique procedures		
<b>C. Providing appropriate nursing interventions for clients who require the following investigations:</b>		
• Laboratory tests		
• Radiological examination		
• Electroencephalography		
<b>D. Providing appropriate nursing interventions for clients who receive the following types of medications and treatment:</b>		
• Anti-psychotic drugs		
• Anti-depressants		
• Mood-stabilizing drugs		
• Anxiolytics and hypnotics		
• Anti-epileptic drugs		
• Electroconvulsive therapy		

**(Rate all items and Put a “✓”in the box )**

Assessment Items	Clinical Competency	
	Achieved #	Not achieved #
E. Participating in preventing and managing psychiatric emergencies		
F. Participating in admission and discharge of clients according to Mental Health Ordinance:		
• Admission		
• Discharge		
G. Complying with legal, professional and ethical duties to clients and healthcare team:		
• Respect clients' right		
• Implement Patients' Charter		
• Keep confidentiality		
• Being accountable		
• Collaborate with nursing and healthcare team members		

# Competency achieved: complete the assessment items safely

# Competency not achieved: do not complete the assessment items safely

**\*Assessment Result :**

**Pass**     **Fail**     **(Please put a “✓”in the box)**

\*Assessment result:      Pass – all assessment items are rated “competency achieved”  
    Fail – any one of the assessment items is rated “competency not achieved”

**Comment of student:**

**Comment of CCA assessor:**

Signature of student:

Signature of CCA assessor:

Name of student:

Name of CCA assessor:

Date:

Date:

## **Psychiatric acute nursing**

Upon completion of this clinical placement, the students should be able to:

### **A. Providing a therapeutic milieu:**

- Carry out ward routine
  - Daily, weekly and monthly routine
- Provide a safe environment
  - Lighting, temperature and ventilation
  - Fire prevention and fire drill
  - Emergency and first-aid drill
  - Ward security and safety
  - Correct use of equipment and effective use of resources
  - Use and storage of potentially dangerous articles
- Use communication skills to communicate with clients, relatives and healthcare team members
  - Verbal communication
  - Written communication

### **B. Assessing, planning, implementing and evaluating nursing interventions for clients during acute phase of mental illness:**

- Demonstrate therapeutic attitude
  - Accept client non-judgmentally
  - Show respect, patience and empathy
  - Instill a positive attitude to clients and relatives
- Conduct bio-psycho-social assessment of clients
  - Conduct assessment of clients who suffer from :
    - schizophrenia

- mood disorders
- other psychotic disorders
- Plan and implement nursing interventions to meet bio-psycho-social needs of clients
  - Plan and implement interventions for clients who suffer from:
    - schizophrenia
    - mood disorders
    - other psychotic disorders
- Evaluate outcomes of interventions
  - Evaluate outcomes of interventions for clients who suffer from:
    - schizophrenia
    - mood disorders
    - other psychotic disorders
- Administer medications
  - Prepare clients, medications and equipment
  - Give medications according to medication administration principles
  - Observe condition of clients before and after medication administration
- Perform aseptic technique procedures
  - Prepare clients, antiseptics and equipment
  - Adhere to principles of asepsis throughout the procedures
  - Complete after-care actions of the procedure

**C. Providing appropriate nursing interventions for clients who require the following investigations:**

- Laboratory tests
  - Blood
  - Urine
  - Faeces

- Sputum
- Others laboratory tests
- Radiological examination
  - Plain x-ray
  - CT scan
  - Others radiological examinations
- Electroencephalography

**D. Providing appropriate nursing interventions for clients who receive the following types of medications and treatment:**

- Anti-psychotic drugs
  - Typical antipsychotic drugs (First generation antipsychotic drugs)
  - Atypical antipsychotic drugs (Second generation antipsychotic drugs)
- Anti-depressants
  - Tricyclic antidepressants
  - Monoamine oxidase inhibitors (MAOIs)
  - Selective serotonin reuptake inhibitors (SSRIs)
  - Serotonin norepinephrine reuptake inhibitors (SNRIs)
  - Other antidepressants
- Mood-stabilizing drugs
  - Lithium
  - Anticonvulsant mood stabilizers
- Anxiolytics and hypnotics
  - Benzodiazepine
  - Non-benzodiazepine
  - Beta-blockers
- Anti-epileptic drugs

- Commonly prescribed anti-epileptic drugs
- Electroconvulsive therapy

**E. Participating in preventing and managing psychiatric emergencies:**

- Violence
- Suicide

**F. Participating in admission and discharge of clients according to Mental Health Ordinance:**

- Admission
  - Voluntary admission
  - Compulsory admission
  - Change legal status of clients admitted under Mental Health Ordinance
- Discharge
  - Discharge of client under Mental Health Ordinance
  - Home leave / day leave

**G. Complying with legal, professional and ethical duties to clients and healthcare team:**

- Respect clients' right
  - Rights of clients under MHO
- Implement Patients' Charter
  - Rights and responsibilities of a client
- Keep confidentiality
  - Collect, use, disclose and access to client information
- Being accountable
  - Function within own level competency
- Collaborate with nursing and healthcare team members



- Show respect to nursing and healthcare team members
- Accept advice from nursing and healthcare team members
- Participate in multidisciplinary approach of client care