



Bachelor of Nursing with Honours in Mental Health Care

Record of Continuing Clinical Assessment of Nursing Management of Psychiatric Rehabilitation Clients

Name of student: _____ Student No.: _____

Hospital: _____ Ward/Unit: _____

Period of Clinical Placement: From: _____ To: _____

1st Attempt Period*: _____ (Wk 1 – 6 of placement)

2nd Attempt Period*: _____ (Wk 7 of placement if 1st attempt fails)

3rd Attempt Period*: _____ (Wk 8 of placement if 2nd attempt fails)

* Delete whichever is inapplicable

Course Code: _____ Course Coordinator: _____

(Rate all items and Put a “✓”in the box)

Assessment Items	Clinical Competency	
	Achieved #	Not achieved #
A. Providing a therapeutic milieu:		
• Carry out ward routine		
• Provide a safe and therapeutic ward environment		
• Use communication skills to communicate with clients, relatives and health care team members		
B. Assessing, planning and implementing and evaluating nursing interventions for clients requiring psychiatric rehabilitation according to the prescribed delivery model:		
• Demonstrate therapeutic attitude		
• Conduct bio-psycho-social assessment of clients		
• Plan and implement nursing interventions to promote recovery of clients		
• Evaluate outcomes of interventions		
• Administer medications		
• Perform aseptic technique procedures		
C. Providing appropriate nursing interventions for clients who are receiving the following medications:		
• Anti-psychotic drugs		
• Anti-depressants		
• Mood-stabilizing drugs		
• Anxiolytics and hypnotics		
• Anti-epileptic drugs		
D. Participating in preventing and managing psychiatric emergencies		

(Rate all items and Put a “✓”in the box)

Assessment Items	Clinical Competency	
	Achieved #	Not achieved #
E. Providing health education to relatives and carers in taking care of discharged clients:		
• Understand mental illness		
• Follow & supervise in drug regime		
• Manage signs and symptoms of mental illness		
• Identify and manage relapse of mental illness		
F. Complying with legal, professional and ethical duties to clients and healthcare team:		
• Respect clients' right		
• Implement Patients' Charter		
• Keep confidentiality		
• Being accountable		
• Collaborate with nursing and healthcare team members		

Competency achieved: complete the assessment items safely

Competency not achieved: do not complete the assessment items safely

Psychiatric rehabilitation nursing

Upon completion of this clinical placement, the students should be able to:

A. Providing a therapeutic milieu:

- Carry out ward routine
 - Daily, weekly and monthly routine
- Provide a safe environment
 - Lighting, temperature and ventilation
 - Fire prevention and fire drill
 - Emergency and first-aid drill
 - Ward security and safety
 - Correct use of equipment and effective use of resources
 - Use and storage of potentially dangerous articles
- Use communication skills to communicate with clients, relatives and health care team members
 - Verbal communication
 - Written communication

B. Assessing, planning and implementing and evaluating nursing interventions for clients requiring psychiatric rehabilitation according to the prescribed delivery model:

- Demonstrate therapeutic attitude
 - Accept client non-judgmentally
 - Show respect, patience and empathy
 - Encourage clients to practice newly learned skills
 - Instill a positive attitude to clients and relatives
- Conduct bio-psycho-social assessment of clients
 - Assess rehabilitation needs for clients who are/suffer from:

- Institutionalized
- Severe mental illness
- Common mental disorders
- Plan and implement nursing interventions to promote recovery of clients
 - Plan and implement interventions for clients who are/suffer from:
 - Institutionalized
 - Severe mental illness
 - Common mental disorders
- Evaluate outcomes of interventions
 - Evaluate outcome of interventions for clients who are/suffer from:
 - Institutionalized
 - Severe mental illness
 - Common mental disorders
- Administer medications
 - Prepare clients, medications and equipment
 - Give medications according to medication administration principles
 - Observe condition of clients before and after medication administration
- Perform aseptic technique procedures
 - Prepare clients, antiseptics and equipment
 - Adhere to principles of asepsis throughout the procedures
 - Complete after-care actions of the procedure

C. Providing appropriate nursing interventions for clients who receive the following types of medications:

- Anti-psychotic drugs
 - Typical antipsychotic drugs (First generation antipsychotic drugs)
 - Atypical antipsychotic drugs (Second generation antipsychotic drugs)

- Anti-depressants
 - Tricyclic antidepressants
 - Monoamine oxidase inhibitors (MAOIs)
 - Selective serotonin reuptake inhibitors (SSRIs)
 - Serotonin norepinephrine reuptake inhibitors (SNRIs)
 - Other antidepressants
- Mood-stabilizing drugs
 - Lithium
 - Anticonvulsant mood stabilizers
- Anxiolytics and hypnotics
 - Benzodiazepine
 - Non-benzodiazepine
 - Beta-blockers
- Anti-epileptic drugs
 - Commonly prescribed anti-epileptic drugs

D. Participating in preventing and managing psychiatric emergencies:

- Violence
- Suicide

E. Providing health education to relatives and carers in taking care of discharged clients:

- Understand mental illness
 - Causes of mental illness
 - Signs and symptoms of mental illness
 - Treatment of mental illness
- Follow & supervise in drug regime

- Manage signs and symptoms of mental illness
 - Hallucinations
 - Delusions
- Identify and manage relapse of mental illness

F. Complying with legal, professional and ethical duties to clients and healthcare team:

- Respect clients' right
 - Rights of clients under MHO
- Implement Patients' Charter
 - Rights and Responsibilities of a client
- Keep confidentiality
 - Collect, use, disclose and access to client information
- Being accountable
 - Function within own level competency
- Collaborate with nursing and healthcare team members
 - Show respect to nursing and healthcare team members
 - Accept advice from nursing and healthcare team members
 - Participate in multidisciplinary approach of client care